

## Counseling 2

### 1. Renewing your mind

Romans 12:1 ¶ I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, [which is] your reasonable service.

Romans 12:2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what [is] that good, and acceptable, and perfect, will of God.

### 2. Forgiveness and God's forgetfulness

Isaiah 38:17 Behold, for peace I had great bitterness: but thou hast in love to my soul [delivered it] from the pit of corruption: for thou hast cast all my sins behind thy back.

Isaiah 43:25 I, [even] I, [am] he that blotteth out thy transgressions for mine own sake, and will not remember thy sins.

Jeremiah 31:34 And they shall teach no more every man his neighbour, and every man his brother, saying, Know the LORD: for they shall all know me, from the least of them unto the greatest of them, saith the LORD: for I will forgive their iniquity, and I will remember their sin no more.

Micah 7:19 He will turn again, he will have compassion upon us; he will subdue our iniquities; and thou wilt cast all their sins into the depths of the sea.

### 2. Even as God for Christ sake has forgiven you

Ephesians 4:1 ¶ I therefore, the prisoner of the Lord, beseech you that ye walk worthy of the vocation wherewith ye are called, {of the Lord: or, in the Lord}

Ephesians 4:2 ¶ With all lowliness and meekness, with longsuffering, forbearing one another in love;

Ephesians 4:3 Endeavouring to keep the unity of the Spirit in the bond of peace.

Ephesians 4:26 Be ye angry, and sin not: let not the sun go down upon your wrath:

Ephesians 4:27 Neither give place to the devil.

Ephesians 4:28 Let him that stole steal no more: but rather let him labour, working with [his] hands the thing which is good, that he may have to give to him that needeth. {to give: or, to distribute}

Ephesians 4:29 Let no corrupt communication proceed out of your mouth, but that which is good to the use of edifying, that it may minister grace unto the hearers. {to...: or, to edify profitably}

Ephesians 4:30 And grieve not the holy Spirit of God, whereby ye are sealed unto the day of redemption.

Ephesians 4:31 Let all bitterness, and wrath, and anger, and clamour, and evil speaking, be put away from you, with all malice:

Ephesians 4:32 And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you.

3. Love isn't a feeling, it's a commitment. When you say I love you, you are saying: "I'm committed to you."

1 Corinthians 13:4 ¶ Love suffers long [and] is kind; love does not envy; love does not parade itself, is not puffed up;

5 does not behave rudely, does not seek its own, is not provoked, thinks no evil;

6 does not rejoice in iniquity, but rejoices in the truth;

7 bears all things, believes all things, hopes all things, endures all things.

8a ¶ Love never fails. ....

4. Remove influences that would tell you to do other than what God says.

A. Friends, - Some influences you have to completely cut out, some you can manage by telling them that the subject is off limits. If they refuse to accept this, break off the relationship. You have to ask yourself; 'who's influencing whom?' If the relationship isn't building you and your marriage up, it's time to end it.

B. Family, - With family it is more difficult. You need to assert that you won't allow behavior or talk that will hurt your marriage. Many people mean well, but don't understand the damage done by talking badly about your spouse. The most important relationship is that of a husband and wife.

C. Entertainment – Books, Magazines, Internet, Movies and Music, etc. Entertainment isn't always neutral. If you listen to music all day long that tells you to leave your wife, love someone other than your husband, it will have an impact.

D. Thoughts- Continue to cast down imaginations that are contrary to God's word and replace them with thoughts that do. Refuse to think on unforgiveness, or critical thoughts about your spouse. Your spouse is God's job, your job is you.

Both have to quit attacking and start building (and building is a process)